

Twickenham & Richmond TRIBUNE



Old Twickenham
Photo by Berkley Driscoll

31st May 2024

T&RT

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Editors: Berkley Driscoll / Teresa Read

TickerTape - News in Brief

Two arrests in connection with Richmond robbery

Detectives investigating a robbery at a jewellers in Richmond are continuing their appeal for information.

At around 14:50hrs on Saturday, 25 May, two men entered a shop on Kew Road and assaulted a member of staff before stealing a quantity of high value watches.

The victim, Oliver White, was not seriously injured in the attack, but was sadly found dead at a location in Surrey the following day.

This is being investigated by Surrey Police, who are supporting the victim's family. His death is not being treated as suspicious.

Two arrests have been made in connection with the robbery. A woman, aged in her 30s, has been released under investigation. A man, also aged in his 30s was arrested on Wednesday, 29 May and bailed pending further enquiries.

Anyone who recognises these two men or has information that could assist police is asked to call 101 or 'X' @MetCC and quote CAD4555/25May. You can also provide information anonymously to the independent charity Crimestoppers on 0800 555 111.

South Western Railway

Buses replace trains between Ascot and Reading Sunday 2 June.

The lines between **Ascot and Reading** will be **closed all day** due to maintenance work.

- **London Waterloo to Reading** services will terminate at **Ascot**.
- **Buses** will run between **Ascot and Reading**.



The Tree Agency

darryl parkin

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Local Picture Postcard Column - Part 251

By Alan Winter

1908 Franco-British Exhibition

As time goes by it's amazing how quickly some really massive events just slip away from public consciousness. At the beginning of the last century (20th), West London hosted many of the largest International public exhibitions ever held. The key times were between 1900 and the First World War which began in 1914. The three main sites in that period were at the White City area with smaller exhibitions taking place at Olympia and Earls Court.

So what has this to do with "Local Postcards" I hear some of you muttering. Well, look what turned up this week. A postcard (see first illustration) used in 1908 to garner local support for the Franco-British Exhibition of that year and probably given away as an Exhibition advertising card in the West London area. It offers a local conundrum being "Why is Richmond Park like the Franco-British Exhibition?" The answer on the postcard stating "Wherever you turn, a little deer (deer) will be found in close proximity." The illustration on the postcard supports the conundrum of course.

The Franco-British Exhibition was a large public fair held in London between 14 May and 31 October 1908. It was the first in the series of the White City Exhibitions.



The exhibition attracted 8 million visitors and celebrated the Entente Cordiale signed in 1904 by the United Kingdom and France.

The Exhibition was held in an area of west London near Shepherd's Bush which is now called White City: the area acquired its name from the exhibition buildings which were all painted white. The 1908 Summer Olympics fencing events were held in the district alongside the festivities.

The fair was the first international exhibition co-organised and sponsored by two countries. It covered an area of some 140 acres (0.57 km²), including an artificial lake, surrounded by an immense network of white buildings in elaborate (often Oriental) styles. Postcards two, three and four show The Wood Lane Entrance, The Indian Palace and the Court of Honour.

The most popular attractions at the exhibition were the two so-called "colonial villages"—an "Irish village" and a "Senegalese village", which were designed to



The Wood Lane Entrance.

THE FRANCO-BRITISH EXHIBITION.



THE FRANCO-BRITISH EXHIBITION.

The Indian Palace

communicate the success of imperialism. The Irish village (“Ballymaclinton”) was inhabited by 150 “colleens” (Irish girls) who demonstrated various forms of domestic industry, as well as displays of manufacturing and even an art gallery. The “Senegalese village” was a so-called “native village” displaying day-to-day life, as well as various artefacts. Press reports of the day commented on the “surprising cleanliness” of the Irish, while readers were reminded that the Senegalese were “cleaner than they looked”.



In 1937, a large portion of the White City site was cleared to make way for a housing estate. During the clearance, the Flip Flap (See last postcard), and a number of other White City structures, were sold for scrap to the steel firm George Cohen, Sons and Co Limited—the same company who had dismantled the Great Wheel of the Earl’s Court Exhibition, and went on to dismantle the Skylon, dome, and ten other buildings, at the Festival of Britain site in 1952. On 14 August 1908, a balloon

owned by American balloonist Capt. Lovelace exploded at the exhibition, killing his 18-year-old secretary and a male employee. Six others were injured, including a 47-year-old employee who died days after the accident. [Newspaper reports indicated that the explosion occurred when a lighted match was thrown to the ground during preparations for a flight].



After being used for four more exhibitions up to 1914, the site fell into disrepair and was unused for over twenty years. It was then demolished bit by bit to

make way for various developments over the last century. First in the 1930s the housing estate in the North of the site, now centred on Commonwealth Avenue, then the Territorial Army took over a corner on South Africa Road in WW2, The BBC took over much of the remaining site from the 1950s onwards with the BBC Television Centre (now itself being developed into the ‘Television Centre’ flats, studios and retail), BBC Media Village and BBC Worldwide buildings and in the early 2000s the last buildings on the East of Wood Lane were demolished to make way for the Westfield London development.

My search for old postcards continues. I am always looking for old postcards and old photograph albums etc. The postcards can be British or Foreign, black and white or coloured and of places or subjects. If you have any that are sitting unwanted in a drawer, in a box in the loft or in the garage or under a bed, please contact me on 07875 578398 or alanwinter192@hotmail.com I would like to see them and I pay cash!

For those of you interested in the history of our area. Saturday 15th June will see the next West London Postcard Fair take place at the Teddington Baptist Church in Church Road TW11 8PF. 10.00 to 4.00 with 14 or so postcard, stamp and coin dealers. Feel free to ring me if you would like more details.

CrusaderTravel



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With over 50 years experience we pride ourselves on being able to offer an unrivalled service with attention to detail. Come and have a chat with us in our cosy office off the Church Street Square, we are open 6 days a week from 11am until 6pm (Closed Sunday)



Council Reports

James Knight

The Adult Services, Health and Housing Committee requested the Secretary of State for Health and Social Care to call in the decision on the future location of specialist cancer treatment services for children in South London and much of South East England. Their main concern was the impact on families having to drive children undergoing chemotherapy into central London—Along with losing the centre of Excellence in St Georges Hospital in Tooting.

You can see the webcast and the papers by following the link [HERE](#)

Next week at Richmond Council

There are no council meetings scheduled for next week.

Ham, Petersham & Richmond Riverside

Got an issue in Ham, Petersham & Richmond Riverside?

Come and tell your councillors, Penny Frost and Andrée Frieze, about it tomorrow, Sat 1 June between 11am-12noon, in Costa on Ham Parade.



It's our Councillor surgery today, 11am-12pm in Costa, Ham Parade. Come and tell us about any issues you have.



**HAM, PETERSHAM
& RICHMOND RIVERSIDE**

Dr Tania Mathias wins the Maidenhead selection contest

Maidenhead Conservatives have chosen Dr Tania Mathias, the former Conservative MP for Twickenham, as their candidate for the upcoming General Election on July 4th.

The current MP, Theresa May, who has held the seat for the past 27 years, is standing down as she wants to focus on causes close to her heart, including her work on the Global Commission on Modern Slavery and Human Trafficking.

Tania served as Twickenham's member of parliament between 2015 and 2017 and was also a local councillor from 2010 to 2015 for Hampton Wick ward.

During her Parliamentary term, she was Chair of the All-Party Parliamentary Group on Heathrow and interim Chair of the House of Commons Science and Technology Select Committee. She was also a board member of Tories for Climate Action.

She is an NHS doctor and has experience working in Gaza as a UN conflict resolution worker.

Tania said on X (formally Twitter) that "it is an absolute privilege to be the Parliamentary candidate for Maidenhead and very emotional to have the amazing Rt Hon Theresa May's support."

Photograph Credit Maidenhead Conservatives



Local Councillors standing for parliament

The deputy Mayor of Richmond upon Thames, **Councillor Kuldev Sehra** (Whitton Ward), is standing for the Liberal Democrats in the **Brentford & Isleworth Constituency**. Recent boundary changes saw the Whitton ward in LBRUT move into the constituency. Eyebrows were raised at the recent mayor-making ceremony, as the mayor and their deputies are expected to stay out of the political fray—which isn't the case when they have been selected as parliamentary candidates for a seat in the borough. Were the LibDems trying to increase his profile for electoral gain?

St Margarets and North Twickenham **Councillor Katie Mansfield** is the Liberal Democrat candidate for the **Bracknell** Seat. She has recently stepped down as the vice-chair of the Transport and Air Quality Committee to dedicate more time to campaigning.

Meanwhile, South Richmond **Councillor Chas Warlow** is standing for the Green Party in the Richmond Park constituency. The Green Party has now ended its 'progressive alliance' deal with the Liberal Democrats, in which it stood down at the general election in exchange for the Liberal Democrats running a joint ticket with them at the local elections.

Dear Editors,

Good Friday a Bank Holiday?

On the Government website (<https://www.gov.uk/bank-holidays>), Good Friday is listed as a Bank Holiday – an important date in the Christian calendar. But here, in the Borough of Richmond-upon-Thames it isn't viewed as such!

On Good Friday I was parking on a single yellow line outside my church when I was stopped by a traffic warden. I pointed out that it was Good Friday, a Bank Holiday, but the response was that it was not a Bank Holiday, just a Friday, so I moved off.

My husband wrote to the Council for clarification and spent weeks being passed around various members of the parking department for a response. In the end he asked our local councillor to intervene. Here was the response from the Parking Manager:

Within the Borough's Waiting and Loading Order, which is the Traffic Order that details all extents of single yellow lines on the highway, Good Friday is defined as a normal day of the week and so parking at these locations should not take place and is enforceable.

So there you have it. In this Borough Good Friday is not a Bank Holiday. Maybe, just to be on the safe side, I should ask how this Council views Christmas Day.

With best wishes,

Sue Hamilton-Miller
Twickenham Resident

Barnes Ward - PLG June 10th

Just a friendly reminder the Barnes Police Liaison Group Meeting will be commencing on Monday the 10th of June, 7pm at Trinity Church Hall, SW13 9ET.

Included is our ward panel survey (link below) the survey takes no more than 10 minutes to complete, and all results are anonymous.

If you plan to attend our PLG meeting on 10th June, please note you are also able to submit questions in advance via our PLG Chair.

Please email any questions to be asked in the meeting to bplgchair@gmail.com directly.

<https://www.smartsurvey.co.uk/s/JEVW2H/>



**METROPOLITAN
POLICE**

JUNE 6TH 1944

By Doug Goodman

A report in The Times last week suggested that fewer than half our young people knew what D-Day was. Some thought it was the start of the war while others thought it signified the end. But for the majority it was meaningless. By contrast the majority of France's young people know that June 6th 1944 was the day when the liberation of their country began. And without doubt everyone in Normandy is aware of the importance of that date. In comparison take the May/June 1940 evacuation of Allied forces from the beaches of Dunkirk. It would seem that a significant number in Dunkirk and possibly throughout France are unaware of the vital role the town played in saving so many troops in the early stages of WW2. I visited Dunkirk to see the first screening of the 2017 film 'Dunkirk' made by Christopher Nolan. Much local publicity was needed to inform the population about the filming and why it was being made on location. The hundreds of locals hired for the film needed to be told about the story of the great evacuation of Allied forces.



Original 'Pegasus' Bridge



Pegasus Bridge Today



Famous Café at Pegasus Bridge

OPERATION OVERLORD

Around midnight a few hours before the landings on five Normandy beaches began, three divisions of British and American paratroopers dropped or landed in gliders in German held territory behind the heavily fortified beaches. The bridge over the Caen Canal had to be captured and held to prevent enemy reinforcement reaching the coast. The bascule bridge, originally called the Caen Canal Bridge, was renamed Pegasus Bridge after the emblem of the British airborne division – a winged horse. The troops detailed to take the bridge landed incredibly close without alerting German sentries. Pegasus Bridge was held and the nearby Café Gondree, now run by Mme Arlette from the same family who owned it in 1944, became the very first house on French soil to be liberated. The nearby museum has the original bridge and gliders and provides a fascinating insight to the battle which took place there.



Arromanches



Mulberry Harbour on Arromanches Beach



Utah Beach Memorial



US Paratrooper, St. Mere Eglise

INVASION BEACHES

The new museum at Arromanches covers the invasion in great detail with models, maps, weapons and memorabilia. Outside, on the beach you can see and walk around at low tide the remains of one of the giant 'Mulberry' Harbours towed there to facilitate the landing of vehicles and men. Along 50 miles of coastline you'll see many museums, memorials and cemeteries commemorating the landing of 132,000 troops. Protected by 134 warship and 12,000 aircraft, the armada of landing craft and small ships involved 2 million people from 14 countries. Troops landed at Utah Beach in the West, Omaha, Gold, Juno and Sword in the East of Normandy. At Utah the memorials and large museum commemorate the hazards faced by US Rangers during the ascent and capture of the formidable Pointe du Hoc. St. Mere Eglise, famous for the figure of a paratrooper hanging from the church tower, is a centre for re-enactors who assemble during the first week of June to enjoy a vast military camp to show off their fighting vehicles. Sherman tanks, of which 50,000 were built, form a very impressive part of the re-enactment activities. In fact the town, when it's full of uniformed people with convoys of jeeps and military vehicles rushing around, resembles a giant film set.



Sherman Tanks



'Canada House'



Veterans on Juno Beach.
June 6 2018

JUNO BEACH

On Juno Beach where the Canadian Troops landed you can see the beach defences, a museum and 'Canada House' the first house liberated and rather knocked about in 1944, by the seaborne soldiers. On the 74th anniversary of D-Day in 2018 I joined a moving ceremony of veterans, local dignitaries and serving military personnel from many countries to remember the fallen. Those who died on the beaches and fighting inland during the 77 days of campaigning are buried in many well cared for cemeteries. Over 37,000 Allied troops were killed during the Battle for Normandy with 153,000 wounded. Around 20,000 civilians died mostly from Allied bombing. Nearly 300,000 German occupiers were killed, wounded or captured. The greatest invasion of all time was the beginning of the liberation of Europe but at very great cost in lives lost and destruction.



German Cemetery



American Cemetery

Information: Museums: - Pegasus Bridge www.musee.memorial-pegasus.com Arromanches: musee-arromanches.fr Utah: Utah-beach.com Juno: junobeach.org St. Mere Eglise: airborne-museum.org Canada House: roadstories.ca Café at Pegasus Bridge: pegasusarchive.org Normandy Tourism: Normandy-tourisme.fr

The Friends of Bushy and Home Parks



Come and find out about the use of Bushy Park
during World War II
at our exhibition and guided walks on

THE SITE OF USAAF CAMP GRIFFISS BUSHY PARK

Saturday 8 and Sunday 9 June 2024

**between 11am and 3pm
to be held at the Eisenhower memorial near
SHAEF Gate, Sandy Lane, Teddington**

An event organised by the Friends of Bushy and Home Parks to commemorate the 80th anniversary of D-Day (the invasion of Europe) on 6 June 1944 by Allied forces, and the use of Camp Griffiss, Bushy Park as the headquarters of the United States Eighth Air Force and Supreme Headquarters Allied Expeditionary Force (SHAEF).

Our latest improvements at Ham Riverside Playing Pitches

From Richmond Council

Our Parks and Sports Development teams have partnered with Richmond Baseball Club to bring Ham Riverside Playing Pitches up to baseball league standards.

For 20 years, this site has been serving the community and now we are working to protect, improve and enhance its facilities.

Baseball facilities are few and far between in London, and we are pleased to work together to increase provision within the borough.

Cllr Alan Juriansz, the Vice Chair of our Environment, Sustainability, Culture and Sports Committee, said,

“This is a great example of our council working with local clubs to provide the best facilities for the widest range of sports in the borough. Collaboration like this is exactly what we are trying to promote, to ensure that publicly accessible pitches of the highest standard can be provided locally.

It is also important for our leisure strategy to have more residents, more active participating in sports they enjoy. I hope it encourages more local residents to take up the sport.”



Richmond Baseball Club officials commented,

“It has been a delight to work with the Parks/Sports Development teams to bring this project to fruition and seeing the enthusiasm they have for sports in the borough. We look forward to continuing growing our club and baseball in the borough!”

Find out more about our [sports pitches and grounds](#).

If you are interested in playing baseball or finding out more about the field, please get in touch with [Richmond Baseball Club](#) by emailing info@richmondbaseball.co.uk.

St James' 150th Birthday Gala Concert

Tomorrow is our glittering 150th Birthday Gala Concert. The evening offers a sparkling programme of music from some of the greatest composers of all time, performed by an organist, trumpeter and soprano... along with some surprise guests.

Book now at: <https://bit.ly/StJGala>

St James's Church Organ 150th Birthday Gala Concert

Saturday 1 June 7:30pm

Music for organ, soprano and trumpet

Including music by
Handel, Bach, Mozart
and Vierne.

Thom Stanbury (Organ)
Katie Milton (Soprano)
Dave Price (Trumpet)



TICKETS £15 & VIP £25*

*Includes seating closest to stage, plus
a glass of prosecco and a slice of cake
(limited number – book early)



Tickets: <https://bit.ly/StJGala>

Warning: Labour's tax raid on education

Jonathan Hulley, Conservative parliamentary candidate for Twickenham

Conservative parliamentary candidate for the Twickenham constituency Jonathan Hulley opposes Labour's flagship proposal to impose VAT at 20% on independent school fees because of the damage it would **cause**.

This was also Jeremy Corbyn's flagship policy, showing how little Labour has changed under Keir Starmer's leadership.

Jonathan was educated at state schools but fully recognises the value of the independent school sector not only for the families that send their children to them but also for the wider community through their outreach work and community access to their facilities. He also passionately believes that parents should have a choice on how their children are educated. The Government has no place in using the tax system to restrict this important choice in a free country.



This policy breaches the principle that education is a public good that is not taxed. We would find ourselves in a situation where children's education is taxed, but adult education is not. Or will this also lead to university fees being taxed by Labour?

This tax would result in parents paying as much as 20% higher fees. This would result in them cutting back on what they spend locally on goods and services, adversely affecting many local businesses, which would lose custom. At the same time, the schools may also have to start making staff redundant or close, all of which would harm our local economy.

Independent schools educate more than 500,000 children in the UK, including nine independent schools in Twickenham, which educate over 4,600 pupils locally. Most parents who send their children to these schools are not wealthy; they take on extra jobs and forgo holidays and new cars to pay the fees.

Even a small proportion of pupils being released into the state education sector would be hard to absorb and lead to massive disruption for thousands of children nationwide.

This would be especially true in our area, as most schools are full and have no easy expansion options. **Let's not forget that independent schools provide a service to their local communities.** They educate many children without relying on state funding and offer bursaries.

The Liberal Democrats have stated that they want to see a change in Government. In Twickenham, the Liberal Democrats are a proxy for Labour. That means a vote for the yellow team is a vote for a red team where choice and opportunity will be taken away from thousands of children due to corrosive left-wing ideology.

Vote to stop this education tax raid on 4 July.



Enjoy a family day out at the Moormead Community Picnic

From Moormead Community and Sports Pavilion

On Sunday 9 June, the Moormead Community and Sports Pavilion (MCSP) charity is hosting an activity-filled picnic in Moormead Park to celebrate the project's success so far and provide updates on the pavilion's upcoming rebuild.

The picnic will take place from 11:30am to 3pm and feature live music from local St Margarets group The Elastic Band, performances by the Marble Hill Dance Studio, face painting, balloon modelling and loads of kids games from Krazy Kidz Entertainment.

MCSP is a local charity dedicated to transforming the derelict building at Moormead Park in St Margarets into a new facility that will enhance the area and be owned and enjoyed by the whole community.

After much initial work on architect designs, surveys, planning permissions and more, and over £150,000 already raised with support from an initial grant from Richmond Council, the project is ready to launch its next phase which includes securing further grants to support the rebuild of the pavilion.

The charity hopes to bring as many members of the community together as possible for a day of fun and learning more about the project. All you need to do is bring a blanket and a picnic!

Find out more about the [Moormead Community Sports Pavilion](#).



Make a splash at our leisure centres this summer

From Richmond Council

We have launched a new Summer Splash programme to ensure that no child in Richmond upon Thames is priced out of keeping happy and active through swimming.

Councillor Alan Juriansz, Vice-Chair of the Environment, Sustainability, Culture and Sports Committee and Lead Member for Sport said:

“No child should be priced out of learning to swim. It’s not only a great way to be active and stay healthy, but it is also an important life-saving skill. With the River Thames at the heart of our borough, we are lucky to have many water-based activities our residents can get involved in, including rowing, paddleboarding and sailing. Being able to swim is a necessary skill to be able to participate in many of these great things on offer.

“Our Summer Splash programme is just one way we are looking to make our leisure services fairer and available to everyone.”

As part of the programme which will run at Pools on the Park and Teddington Pools, free Summer Splash crash courses will be available to children across school years 5, 6 and 7 who have not attained the KS2 requirement to swim 25m confidently and perform safe self-rescue.



If you believe your child is eligible for our free crash courses and you have not already been contacted by their school, email swimschool@richmond.gov.uk.

Summer Splash general swim sessions will also be made available to any child in the borough.

These sessions will be at a discounted rate of just £1 which can be redeemed with a valid Leisure and Youth Card.

Anyone under the age of 16 who lives or is educated in the borough is eligible and can [apply for a free card](#).

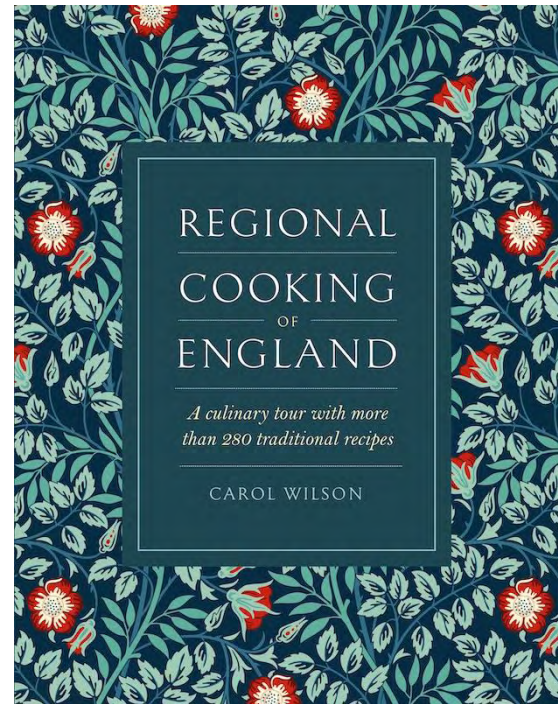
Summer Splash general swims can be booked via the [LBRUT Sports App](#), the [online bookings website](#), by calling 020 3772 2999 or in person at the centre up to seven days in advance.

Find out more about the [Summer Splash offer](#).

England's Finest - A Book Speaking Volumes

Sometimes one's looking for a really memorable gift for someone who's either recently moved to England, or perhaps is returning home after a spell of living here. Well, I've found the perfect gift that will either introduce them to England and her food, or be a lovely souvenir. But it's not just for them, it's also a stunning testament to our English food heritage and a coffee table book extraordinaire.

Carol Wilson's Regional Cooking of England is a beautiful, lavish, volume that celebrates England's food. There are dishes to represent our heritage, old and new, and it's packed with gorgeous photos. Sussex Pond Pudding, fruit crumbles, trifles, steak and oyster pie, raised pork pies, toad in the hole, scones, stotties, Bosworth jumbles... In this book you'll find everything from old-fashioned favourites and current classics, to less well known historical dishes (a few of which might raise an eyebrow), along with many wonderful local recipes. The recipes are easy to follow, with accessible ingredients, and achievable in today's kitchens. Introductory chapters detail the history of cooking and eating in England, the feasts and festivals, high days and holidays, eating habits and ingredients.



Discover the delights of the full English breakfast, the tin miner's meal of a filling Cornish pasty, and a traditional afternoon tea with dainty scones and cucumber sandwiches. Enjoy the ritual of the classic Sunday lunch. There are childhood classics – shepherd's pie and jammy tarts – as well as elaborate old-fashioned celebration centrepieces such as raised game pie and wobbling domed blancmange.

Regional savouries like Sussex Smokies, Pan Haggerty and Yorkshire Parkin, join Bath Buns, Devon Flats, and Goosenargh Cakes. It's published by **Lorenz Books, (©anness publishing ltd)** at £25, and when you see the quality of the publication, you'll realise that it's a bargain.

CAROL WILSON is a food writer and historian who has contributed to many publications including The Times, The Illustrated London News, Heritage, Food and Wine, and Gastronomica. She has appeared on television promoting British food and discussing the history and usage of traditional ingredients. Her other books include Scottish Heritage Food and Cooking, The Liquorice Cookbook, and The Bacon Cookbook. She is a member of the Guild of Food Writers. Here are a couple of the recipes, to inspire you.

Omelette Arnold Bennett (serves 2)

This creamy, smoked haddock soufflé omelette was created for the post-theatre suppers of the famous English novelist, who frequently stayed at the Savoy Hotel in London. It is now served all over the world as a sustaining breakfast or supper dish.

- 175g/6oz smoked haddock fillet, poached and drained
- 50g/2oz/4 tbsp butter, diced
- 175ml/6fl oz whipping or double cream
- 4 eggs, separated
- ground black pepper
- 40g/1½oz mature Cheddar cheese, grated
- watercress, to garnish

1. Remove and discard the skin and any bones from the haddock fillet by carefully pressing down the length of each fillet with your fingertips. Using two forks and, following the grain of the flesh, flake the fish into large chunks.
2. Melt half the butter with 60ml/4 tbsp of the cream in a small non-stick pan. When the mixture is hot but not boiling, add the fish. Stir together gently, taking care not to break up the flakes of fish. Bring slowly to the boil, stirring continuously, then cover the pan, remove from the heat and set aside to cool for at least 20 minutes.
3. Preheat the grill to high. Mix the egg yolks with 15ml/1 tbsp of the cream. Season with ground black pepper, then stir into the fish.
4. In a separate bowl, mix the cheese and the remaining cream. Stiffly whisk the egg whites, then fold into the fish mixture.
5. Heat the remaining butter in an omelette pan until foaming. Add the fish mixture and cook until it is browned underneath.
6. Pour the cheese mixture evenly over the top and grill until it is bubbling. Serve immediately, garnished with watercress.



Yorkshire Lemon Surprise (Serves 4)

During cooking, a tangy lemon sauce collects beneath a light sponge topping. It's important to bake this dish when it is standing in the bath of hot water, otherwise it will not work.

- 50g/2oz butter, plus extra for greasing
- grated rind and juice of 2 lemons
- 115g/4oz caster sugar
- 2 eggs, separated
- 50g/2oz self-raising flour
- 300ml/½ pint milk

1. Preheat the oven to 190°C/375°F/gas 5. Use a little butter to grease a 1.2 litre/2 pint ovenproof dish.
2. Beat the butter, lemon rind and caster sugar in a bowl until pale and fluffy. Add the egg yolks and flour and beat together well. Gradually whisk in the lemon juice and milk (the mixture may curdle horribly, but don't be alarmed).
3. In a clean bowl, whisk the egg whites until they form stiff peaks. Fold the egg whites lightly into the lemon mixture using a metal spoon, then pour into the prepared dish.
4. Place the dish in a roasting pan, pour in hot water to fill half-way up the sides, put into the hot oven and cook for 45 minutes until golden.



sunborn
GIBRALTAR

YACHT HOTEL RESORT



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Traveller's Tales 161

Up Periscope

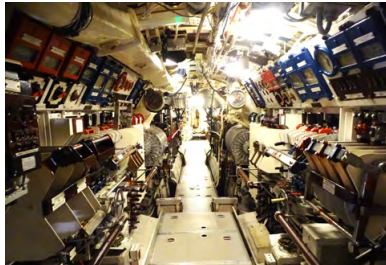
Doug Goodman Visits Portsmouth's Historic Dockyard



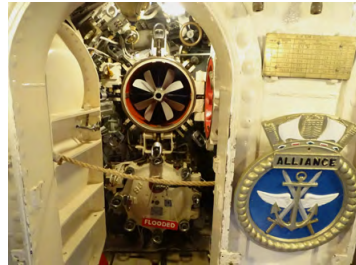
The highlight of a trip to Portsmouth's Dockyard museum was a visit to HMS Alliance the UK's only remaining Second World War submarine. Built in 1945 she was one of 14 long-range subs destined for service in The Far East. Alliance took on many roles during and in the aftermath of the Cold War with hundreds of sailors serving on her. From 1958 until 1973, when the sub was retired, she was used for hunting enemy submarines. With a complement of five officers and 60 ratings Alliance had a speed of 18.5 knots on the surface and eight knots submerged. At top speed under water the batteries gave a range of only 16 miles before needing to be recharged. Armament consisted of 10 torpedo tubes and, before conversion, a four inch gun and two smaller guns. The museum dedicated to submarines is on the site of HMS Dolphin on the Gosport side of the harbour, which was a former base for the vessels from 1904 to 1998. You can also visit Holland 1, the Royal Navy's very first submarine dating from 1901. Submarine history, memorabilia and lots about The Cold War is on display.



At Periscope Depth



Engine Room



Torpedo Tubes



Torpedo

BIG SHIPS

Dominating the dockyard and the first vessel you see from the railway station is HMS Warrior. Launched in 1860 she was the biggest, fastest and most powerful warship in the world. The ship, pride of Queen Victoria's navy was built to act as a deterrent against the French navy which, at the time, threatened the UK's trade. With 40 breech and muzzle loading guns, thick armour, a speed of 17.2 knots using steam and sail propulsion and a crew of 706 men, Warrior was a formidable adversary. She never fired a shot in battle as rapid advances in ship building technology in the form of armoured gun turrets and advances in steam machinery made her obsolete in 11 years. Warrior later became a coastguard service ship and a training school. In 1924 no one wanted to purchase her when she was put on sale and became a floating oil pontoon. Acquired and restored in Hartlepool HMS Warrior returned to Portsmouth in 1987 where she has welcomed tens of thousands to her decks and spotless interior. HMS M.33 is a WW1 survivor and was built as a Monitor – a ship with a shallow draft and a heavy gun – to bombard coastal fortifications. Constructed in the amazingly short time of 10 weeks, M.33 supported the allied landings at Gallipoli in 1913.



HMS Alliance



WW1 Monitor



Warship



Gun Deck

NATIONAL MUSEUM

The National Museum of the Royal Navy in former Georgian warehouses is a treasure-trove of objects bringing to life over 350 years of naval history and tradition. Stories from those who served are portrayed, photos, armaments, the HMS Victory gallery with artefact from the Battle of Trafalgar and much more will provide plenty of interest with something for children too. Action Stations offers Commando- style challenges to visitors in a display of the history of The Royal Marines. The Explosion Museum tells the story of naval firepower from gunpowder to guided missiles. Boathouse 4 shows how little boats played a very important role in the navy while the Apprentice exhibition shows off the methods and skills that go into ship building.



Firepower



Figurehead



Portsmouth Harbour

THE BIG TWO

One of the main reasons to visit the dockyard is to see Nelson's Victory. The 250 year old ship is undergoing a major restoration to protect her for the next 50 years, so viewing is a little limited. But with only a full day at the dockyard there wasn't time to see Victory or to tour Mary Rose. The Mary Rose was raised from The Solent after 4 centuries underwater. Built for Henry V in 1510 she foundered just a mile from Portsmouth in 1545 after engaging a French fleet off the Isle of Wight. A huge loss of life resulted. Rescuing the ship after being submerged for 437 years was a major engineering triumph. To see the hull and so many artefacts gives a vivid idea of the life of a sailor in the 16th century. To see these two wooden ships in full I plan to revisit the dockyard in the summer. A boat tour around The Solent and a visit to the excellent gift shop made a very good ending to a fascinating trip.



Dockyard Museum

Information: www.submarine-museum.co.uk,
www.historicdockyard.co.uk.

Tickets: Ultimate Explorer valid for one year £46. One day ticket £36.

Travel: Portsmouth station is five minutes' walk from the dockyard entrance.

Hotel: Premier Inn is 4 minutes' walk from the dockyard entrance. www.premierinn.com

Shopping: a large centre of designer shops is adjacent to the station.

Working in the sphere of global communication from 1997 I have followed world events for many years. In fact, my interest initially started at a very early age when I remember receiving a letter from the then Prime Minister, Harold McMillan, acknowledging my concern over the Cuban Missile Crisis.

Those who have read my articles in The Twickenham & Richmond Tribune will know that I have covered many international stories of topical events during the Tribune years.

My recent articles have highlighted events in Georgia, Ukraine, and surrounding countries. Many of us will be concerned about various issues in the world at present. My particular interest, like many, is about the influence of Russia and its allies.

It is good to know that in our country we have freedom of speech, as we have seen, many protests are tolerated by our government.

During the last day I have been dismayed by the holding forth of the former president of the United States of America, Donald Trump. Although we may be aware of inflated stories in our media, I doubt whether we can compete with the current situation in the USA.

In Russia there has been increasing unrest as those using social media will know. This week I found it interesting to see that Vladimir Putin's "palace" in the Altai mountains in Siberia has recently been severely damaged by fire, although we do not know the cause. This presidential palace is said to be above Putin's nuclear bunker for his family.

I found the story of the Altai mountains fire interesting as during my years of working with schools and organizations around the world I had a period of communication with a group who lived near this area in Novosibirsk.

Looking at the world from an international perspective we should count ourselves lucky that we do not suffer the repression experienced by so many in other countries. However, we have seen that human nature does not always accept freedom of expression. Unfortunately, this is something experienced in our own borough in the London Borough of Richmond upon Thames. Perhaps those who shout the loudest should reflect on the freedoms we have in our country and allow for freedom of expression from others.

If you do not agree with what you see or hear, do not abuse the views of others, be constructive and remember that the freedoms we have in this country are the envy of many countries in the world.

www.WorldInfoZone.com



Attending an international conference in Rome representing World InfoZone

To be fair...

By Deep Patel

~ Life Through the Eyes of a Twickenham Shopkeeper ~

This past week saw the long-awaited return of probably the most famous fair in Twickenham's history, the good old Twickenham Green Rotary fair (previously known as Hands Fair), and the beauty of this fair is that each stall there represents a different charity...so an afternoon of good-karma retail-therapy in a park...right up my street (literally) so what's not to like?

So over the course of last week I was telling practically every customer that came to my shop to go to the Twickenham Green May Fair and support what they do there, well you gotta do your bit haven't you? Myself and my family get very excited about this fair (we don't get out from behind our shop counter much and this gives us a reason to do so). The night before, just before bed time, my family was whispering to each other in anticipation "oh yes, the fair is on tomorrow!" (almost like children on the night before Christmas).

We can't all go together as a family, so we go in pairs (one pair has to stay back and keep the shop running you see), the usual order is my brother and father first (they are the "in and out" type (you know the ones...like to get there quick, browse quick and leave quick) and myself and my mother go second (because according to my father, myself and my mother talk a lot, spend ages looking at things and buy even more things to fill our tiny house up with). This formula of going to the fair seems to work well for my family, and this year, like every year, that is exactly what we did too.

The phenomenal thing about this fair is that it has a strange and alluring charm that seems to attract absolutely everyone, grandmothers, dogs and babies alike...all heading out for a slice of Twickenham Green local action.

Notoriously, the heavens open on that day and it autumn returns, however, the allure of good old fashioned home-made jams made lovingly using the same recipes for the past 100 years, mix of bric-a-brac, weird and wonderful things from vintage engraved sterling silver toothpicks to flamboyantly fabulous peacock feather broaches, there seems to be something for everyone...not to mention the butter-cream fair cakes and marigold plants so green that even Squires couldn't rival them (sorry Squires, but I only speak truth in these articles!) there was something for everyone...

In true Twickenham Green May Fair style, soon as we got there, the heavens opened and nature decided that I hadn't spent enough time in the shower that morning and decided to soak me once more...did I take an umbrella before I left home?...NO...why not?...because "I'm only close to my shop, it won't rain anyway, and if it does, I can go back to the shop and grab a brolly no problem"...did I go back to the shop to grab a brolly?...NO...why not? Because who does that once they are out? I mean really, who actually bothers going back home for a brolly?...so we got drenched instead having nothing for shelter except for the generous cover of the mature Twickenham Green Conker Trees...and as you can see from the photograph I took below, everyone had the same idea, huddled under the trees to stay dry!

The big church on the Staines road side of the Green made me feel happy again as nestled in their doorway was a full band set up with guitars and soulful voices singing away to brighten our day (see photograph below) it was beautiful and really lifted spirits (thank you dear Lord!)

To me, perhaps one of the most fascinating things about this fair in particular was that when I asked customers in my shop who had been to the fair, of all the people who went...more than 70% of them

didn't buy anything at all...which is fine...but they STILL came back to me telling me how "good" the fair was? When I say "oh really, see anything you like?" They would say "no, but it was brilliant"...now to me, the primary function of a fair is to sell things, but it appears that over time, this fair has become more of a community happy-pill...a place where you bump into everyone you know and haven't seen in years (despite living on the same street as them) and a place where you cross that neighbour that you don't really get on with and exchange a little uncomfortable smile and perhaps a polite "hello" if you're lucky...but above all, this fair is 100% a place where you go to be together as one with everyone else from Twickenham...as in the end...that is what a human heart seems to yearn for, and this fair fulfils that very need perfectly in a way.

Despite all this, I found myself feeling a little disappointed still, as it was not like I imagined, not sunny, not warm and not summer-like...that vibe was missing...it was then I looked back and saw my mother laughing and smiling and generally having a good time talking to the customers from our shop that she was bumping into there on the Green...upon seeing her smile and hearing her laugh I found a huge smile come upon my face too and I began to laugh too...it was then right at that very moment that I realised that we didn't really need the sun to shine to make us feel happy at all because when we are around those we love, they become our sunshine and they bring us the warmth we yearn for...and for me, that was my mum...it may have been raining and dull on Twickenham Green, but at that moment I saw her smiling and enjoying herself it felt sunnier than I have ever felt it to be on Twickenham Green for me (you can see her when I tried to capture that moment on a photograph I took below). At that moment, I looked up to the sky and although my face was getting wet with the rain, I smiled and said to the sky "thank you God for giving me my mum-shine, my own sunshine to take with me wherever I go in the form of my mum...we all need some mum-shine sometime I feel.



Remember...

***"happiness is less about the place that you are at,
but more about the people that you are with..."***

CREATURE-KINDNESS TIP OF THE WEEK:

FOR ANY HOME OR GARDEN "PEST"...

Sprinkle talcum powder, essential peppermint oil or white vinegar around where they come (but not directly on them) and they will stop without having to harm or kill them...you will get blessings in your life or have good karma for choosing a kind way too! This remedy also works to deter virtually any insect without harming them...like it & share it!

For more tips, email: thedeepatel@gmail.com or join my Facebook page: "INSECT LOVERS UNITE". Thank you!



Tom Jones

by Henry Fielding, adapted by Joan MacAlpine

Questors, Judi Dench Playhouse, Ealing until 1st June

It is 1749 and anything goes. *Tom Jones* is a witty, bawdy and poignant adaptation of Fielding's novel of life in those times. Directed by Lucy Aley-Parker, it is full of pace and drama, with a side of merriment.

Authentic to its period, the farce-ready many-doored atmospheric set is enhanced by Robyn Backhouse's haunting sound design, and by lighting by John Green that is sensitive to the romps and revelations to come.

Aleksei Toshev's engaging and charmingly *Tom Jones* sets up the picture for a romping story. Tom falls for the charismatic Molly, the gamekeeper's daughter. He is resistant to pleasures of the flesh ... in principle, but only in principle. Hannah Victory gives a great performance as Molly, a provocative and cunning wench ... who swears Tom took her virtue.



In Upton, Susan, an overworked maid, tries to wash the inn floor, but there are numerous door slammings, jealous husbands and runaway daughters, not to mention Tom's foiled attempts to bed the siren Mrs Walters, a sensual Chloe Jones. Sophie George reaches just the right pitch of frustration as the hapless Susan, left starved of love. Back in London, Tom enjoys afternoon visits with the vivacious Mrs Fitzpatrick, played beautifully by Alexandra Upton.

However, Tom eventually realises he how much he truly loves Sophia, the virtuous daughter of the neighbouring Squire Western. Ella Jackson is charming as the dewy-eyed heroine.

Meanwhile though Tom has to contend with sparring with his repellent rival Blifil (Ben Connaughton), and the brutal Thwackum (Jolyon Houghton). Moreover, the rebuffed Mrs Fitzpatrick reveals Tom's identity to her jealous husband. Sophia meanwhile is accosted by the Lord Fellamar, engagingly played with humour by Omar Aga. The dastardly Captain Fitzpatrick pulls a sword on Tom, with tragic consequences, and Blifil gets to work corrupting well-intentioned witnesses. Things look grim for Tom in prison awaiting his death sentence. But Mrs Jenny Waters has a secret. The truth emerge at an impressive pace, and events and parentages are quickly and wittily revealed.

Tom Jones is a visually attractive production, a meaty piece, hot and spicy and served with plenty of sauce. Get in on the fun!

Read Heather Moulson's review at www.markaspen.com/2024/05/27/tom-jones

Photography courtesy of Questors

Drop the Dead Donkey: The Reawakening!

by Andy Hamilton and Guy Jenkin

HatTrick and Simon Friend at the New Victoria Theatre, Woking until 1st June, then on tour until 22nd June

The fondly remembered award-winning sitcom *Drop the Dead Donkey* is now reincarnated by the same writers as a stage play, *Drop the Dead Donkey: The Reawakening!* They are faithful to the original newsroom-based premise of the programme, which ran over six series from 1990-98. However, they have created something fresh and relevant to today's world, offering insightful yet humorous new perspectives on the treatment of current affairs broadcasting in the 2020s.

The majority of the cast were reprising their original characters from over thirty years ago, providing an affectionate warmth of recognition. As each of the old team individually made their first entrance they were greeted with generous applause. Each of the team arrives to join the brand-new TV station, Truth News, shocked to find the old team there. These characters are exactly as they were, yet they also tell us throughout the show what they have been up to in the intervening thirty years.



Two new characters have been incorporated to provide new perspectives. Julia Hills inhabits the role of Mairead, a high-powered journalist with secret motives. Kerena Jagpal's Rita, the young intern who is referred to, tongue-in-cheek, as the "weather gir ... presenter", acts as the barometer of the often unreconstructed attitudes of the more non-PC members of the Truth News team

They are brought together by Gus, played by Robert Duncan as the pompous out-of-touch chap in charge of the station. His idea of inclusivity is spouting buzz-phrases, often as malapropisms; "full of gender fluids" being one especially striking example.

The political satire is sharp. There are some superb one liners to be enjoyed, with deadpan delivery and superb comic timing. How will these flawed characters cope with social media, technology and the post-truth landscape where we now operate?

The Reawakening more than simple nostalgia. It stands on its own merits, whether you were there first time around or not. ... Oh, and you will never look at Sir Trevor McDonald in quite the same way again!

Read Harry Zimmerman's review at www.markaspen.com/2024/05/29/drop-donkey

Photography courtesy of Simon Friend

Richmond Shakespeare Society

THREE MEN - AND A DOG at the Mary Wallace

HEROES, Gerald Sibleyras's heartwarming comedy plays at the Mary Wallace Theatre on Twickenham's Riverside from June 1st to the 8th.

Three retired soldiers, passing their days in a retirement home for veterans, recall past glories and plan an audacious escape from the confines of the home.

Comic, poignant and brave, this is an experience not to be missed. And the dog?

Well, we invite you to join us and see for yourself.

HEROES - at the Mary Wallace Theatre on the Embankment, Twickenham - close to the Barmy Arms - from June 1st-8th.

Booking at www.richmondshakespeare.org.uk



RICHMOND SHAKESPEARE SOCIETY

Explore arts and culture events in Richmond

This June, various cultural events are happening in and around the borough, ranging from visual arts to performance, film, music and more.

Dramas at OSO Arts Centre

Exciting performances will be presented at OSO Arts Centre this June, featuring *The White Mouse*, *Afghanistan Is Not Funny*, and the breathtaking solo performance of *Macbeth*. What's more, enjoy a variety of music and food events, including *Cocktails with Joyce Grenfell*, *Sam Jewison Sings the Great American Songbook*, and *Bollywood Night*.

Find out more: <https://www.osoarts.org.uk>

Films at Richmond Film Society

Richmond Film Society is presenting the final films of its 60th season, including *The Whistlers* (Romania), *Kind Hearts and Coronets* (UK), and *Are You There God? It's Me, Margaret* (USA). Don't miss out on these exciting screenings!

- Date: 4, 11, 25 June
- Time: 8pm
- Location: The Exchange, 75 London Road, Twickenham, TW1 1BE

Find out more: <https://exchangetwickenham.co.uk/events/category/film>

Conversations in Jazz

In this series of relaxed and entertaining talks host by Richmond Rhythm Club, speakers will share their background, influences, and passion for jazz. Speakers include Gabriel Garrick (Trumpet), Alex Hitchcock (Saxophone), Bob Sinfield (Broadcaster and Writer), mini-gig Mick Foster (Saxophone), Dominic Ashworth (Guitar) and Tom Farmer (Bass). Come along to these discussions and learn about the jazz world!

- Date: 4, 11, 18, 25 June
- Time: 2 to 4 pm
- Location: Twickenham Club, 7 Church Street, TW1 3NU

Find out more: <https://richmondrhythmclub.weebly.com>

Watercolour Workshop

Led by experienced tutor Pat Harvey, this Summer Bouquet Made-to-measure one-day workshop enables participants to complete a painting you'll be proud of by the end of the day.

- Date: Saturday 8 June
- Time: 10am to 4pm
- Location: 21 Cranebrook, Manor Road, TW2 5DJ

Find out more: email patkayharvey@talktalk.net or call 020 3643 6227

Richmond Orchestra Presents: Mozart's Requiem

In this all-Mozart programme, Sheen Gate Choir and Richmond Orchestra, led by conductors Ben Thapa and Martin Smith, will present highlights of his operas, and piano concerto #27 in B flat with Robert Bridge.

- Date: Saturday 15 June
- Time: 7pm
- Location: All Saints Church, East Sheen, SW14 8AX

Find out more: www.sheengatechoir.co.uk



TEDDINGTON VILLAGE FAIR

Sunday 30th June 12 - 5:30 pm

Udney Hall Gardens, off Langham Rd.



The Village Fair is returning to Teddington again this year. Come and help us celebrate 100 years of Rotary in Teddington and join in all the fun.

- ◆ Music and Dance on our stage and performance area
- ◆ Fun and Games on stalls from all our local community groups
- ◆ Food and drink from local businesses.
- ◆ The finish line for the United Response pram race!

Organised by your local Rotary club together with the Teddington Society, St Mary with St Alban, and the local Scouts and Guides, this year's fair will be one to remember. Updated information is available on our website. Search "Teddington Rotary" or use QR code.

Rotary  **Teddington & the Hamptons**

100 YEARS OF SERVICE, 1924 - 2024

Registered Charity No: 1031422



StMARY with StALBAN
PARISH CHURCH of TEDDINGTON



Help increase access to lifesaving heart defibrillators locally

From Richmond Council

Local community groups and organisations can apply for a defibrillator with help from available funding schemes, to ensure they are readily available to our residents when it matters most.

Did you know that in 2023 more than 4,200 cardiac arrests happened out of hospital in London? It is a medical emergency when someone's heart stops beating, and every second matters.

According to the UK Resuscitation Council and British Heart Foundation (BHF), fewer than 1 in 10 people survive cardiac arrest outside of hospital, and a big contributor to this is not being able to provide defibrillation within a critical time period.

A defibrillator is an easy-to-use, portable device that guides cardiopulmonary resuscitation (CPR), assesses heart rhythms and can deliver a controlled electric shock to the chest safely. It tries to get the heart to beat normally again when someone has had a cardiac arrest, which can be hugely important while you wait for emergency services to arrive.



If a defibrillator is used within three to five minutes of a cardiac arrest, the chance of survival increases from 6% up to 50 to 70%.

Half of cardiac arrests that happen outside a hospital are witnessed by a bystander. This is why having 24/7 public access defibrillators in as many community settings as possible is still so important. The British Heart Foundation advises that a defibrillator should be within 200 metres of a community space, or a brisk, four-minute walk roundtrip. While these already exist in some high-traffic places more are needed in our community spaces to achieve the recommended coverage. Find out about [your nearest defibrillator](#).

Director of Public Health Shannon Katiyo said:

"This initiative aims to increase the availability of defibrillators, and this is welcome. Improving your heart health is one of the best ways to lower the risk of developing coronary heart disease and this reduces the risk of a cardiac arrest. You can improve heart health by eating a healthy balanced diet, being physically active, keeping a healthy weight, and stopping smoking."

Defibrillator funding schemes

Local community groups and organisations can help to guarantee the availability of lifesaving defibrillators in their area by applying to have one installed.

Funding support for installation costs is available through the following schemes:

- [London Hearts](#), the leading UK heart defibrillator charity, offers applications for partial grant funding. They also provide free CPR and defibrillator awareness training with every defibrillator they supply. Get in touch with London Hearts about [starting your defibrillator project](#). You can contact them by emailing info@londonhearts.org or calling 02070432493.
- Applications for [defibrillator match funding](#) are also open to public spaces across England where they are most needed.

Volunteer to help keep our young trees healthy this summer

A new community-led initiative, Friends of Street Trees, is looking to recruit volunteers to help water street trees in our neighbourhoods during the warmer months.

In Richmond upon Thames, we're fortunate to be surrounded by thousands of beautiful trees that provide immense benefits to our communities, from improving our air quality and shading us during the hot months, to boosting physical and mental wellbeing through a connection to nature.

During the most recent planting season alone, over 800 trees were planted within our highways, parks and open spaces. As summer approaches, it is essential that our young trees are supported to thrive during the hot, dry months, as the number one cause of tree mortality for street trees in England is lack of water.

This is much more likely to happen with support from the whole community, and that's where Friends of Street Trees comes in!

The new local charity, run by a small team of volunteers, aims to coordinate the support of local people keen to help water the trees on their streets.

There are a couple of ways you can get involved:

- Volunteer to keep an eye on and water just one tree on your street a few times a week. This only requires two large watering cans per tree, and you can even use collected rainwater or 'grey water' (for example, bath or washing-up water). If you would like to help with watering a tree but don't have any nearby, Friends of Street Trees may be able to find a tree for you
- If you have a bit more time and want to get involved further, you could also volunteer to be a street rep and seek to get your neighbours involved so the whole street can take part.

Find out more about [Friend of Street Trees](#).

In our borough, there are about eight people for every public tree – and even more if you only consider street trees! Together, we can make sure they stay well cared for and looked after for our shared benefit.

A blue poster with white text and a tree illustration. The text reads: "Trees get thirsty in warm weather!" followed by "Sign up now to become a Friend of Street Trees!" and "Be a Tree Waterer or Street Rep to help watering newly planted street trees during hot and dry conditions." There is a logo for "CLIMATE ACTION Richmond" and a stylized tree illustration on the right side.

Trees get thirsty in warm weather!

Sign up now to become a **Friend of Street Trees!**

Be a **Tree Waterer or Street Rep** to help watering newly planted street trees during hot and dry conditions.

CLIMATE ACTION
Richmond

Catering Student Wins Jack Petchey Award

Richmond upon Thames College (RuTC) Catering student, Lucy Wilson, who is completing her Level 2 Diploma in Professional Cookery and Food & Beverage Service, has won a Jack Petchey award for hard work and commitment to her studies.

The Jack Petchey Achievement Award Scheme recognises the positive contributions, efforts and endeavours of young people aged 11-25 across London and Essex. These achievements include being a great role model, volunteering, overcoming personal challenges and supporting others over and above expectations.

Each term exceptional students are nominated by their classmates to win a Jack Petchey award. The winner receives a £300 grant, which can be used for anything that will benefit the class.

Lucy has been praised by her peers as being perseverant, a problem solver and confident in her work. She is also a helpful classmate and very encouraging of others. Lucy is known to be a friendly student and always has a smile on her face.

Lucy's tutor Daniele commented:

"Lucy has been with us at RuTC since September 2023 and has been a great asset for our Catering department,

with good attendance and commitment to the course. She helped over the busy Christmas period with evening services and worked two Saturdays in February and March of this year for the two Six Nations rugby events we held in the college. Lucy is a very approachable student with a great personality, and I am very pleased she has won this award. She deserves all the recognition for her huge efforts this year!"

Alongside her studies, Lucy is completing some exciting work experience with celebrity chef, Lawrence Keogh at 'The Foundry' in Thames Ditton. Through this work experience, Lucy has secured a part-time job at the restaurant – a fantastic achievement! She will be continuing to study at RuTC next year, beginning her Level 3 courses in September. Well done, Lucy!



[Find out more about The Foundry and Lawrence Keogh here.](#)

[Find more about our courses and studying at RuTC here.](#)



St Mary's University

St Mary's Athletes Selected for European Championships

Four athletes at St Mary's University, Twickenham (SMU) have been selected to represent Great Britain & Northern Ireland at the European Athletics Championships this year.

Four athletes at St Mary's University, Twickenham (SMU) have been [selected to represent Great Britain & Northern Ireland](#) at the European Athletics Championships this year.

Thomas Randolph, Jack Rowe, and Izzy Fry are alumni of SMU'S [Endurance Performance Centre \(EPC\)](#), with Thomas still regularly training at the University. Zak Seddon is a [English Athletics \(EA\) Talent Hub athlete](#) based at SMU. Elliot Giles is a two-time Olympian and SMU alumnus, who also trained in the elite facilities at the University as a member of the EPC.



The [European Athletics Championships](#) is an elite biennial athletics event, with the 2024 edition taking place in Rome from the 7th to 12th June 2024.

Thomas Randolph and Elliot Giles have both been selected to compete in the men's 800m race. Thomas previously won Bronze in the 2021 European U23 Championships, while Elliot took home a Bronze medal in the 2016 European Championships.

Elliot also competed in the men's 800m at the Rio 2016 and Tokyo 2020 Olympic Games, reaching the semi-finals in Tokyo.

EPC and EA Talent Hub Athlete Jack Rowe has been selected for the men's 5000m, having won Silver in the 5000m at the 2020 British Championships. Izzy Fry has been chosen to compete in the women's 5000m, having previously placed fourth at the 2019

European Junior Championships.

Current SMU student Zak Seddon will be competing in the 3000m steeplechase, having won a Gold medal at the 2013 European Junior Championships.

EPC coordinator and performance coach Craig Winrow said, "It is really great to see five of our EPC athletes past and present being selected for the European Championships. All five of the athletes have been supported by the EPC and its coaches throughout their development, and we wish them the best of luck for the Championships."

Head of Sport St Mary's Andrew Reid-Smith added, "Congratulations to all the athletes for being selected to run for Great Britain. For some this will be their first senior major championship, which is a special achievement."

"We're proud to be London's leading university for endurance running, as well as being an England Athletics Talent Hub that works with athletes and coaches to give them access to specialist facilities, support services, and high-quality training groups."

"We have worked with the National Governing Bodies and partners over several years to establish a unique running environment and culture. This also attracts international squads and running groups from around the world that come to St Mary's to train. Our aim is to develop these foundations to continue to provide opportunities and success for future athletes."

The Endurance Performance Centre (EPC) is an internationally renowned endurance running programme at St Mary's University, with one of the best training setups in the world. The EPC and its coaches provide an endurance performance environment that supports, challenges, and develops elite runners.

These European Championships selections continue a proud history for St Mary's in elite athletics events including the Olympic and Paralympic Games, with many students having competed over the years. SMU alumni who have gone on to win medals at the Olympic and Paralympic Games include Sir Mo Farah, Rebecca Romero, Moe Sbihi, Dave Weir, Matt Wells, and Corrine Hall.



St Mary's
University
Twickenham
London

D-Day 80: Veterans offered free lunch at Royal Star & Garter



A care home in Surbiton is marking the 80th anniversary of D-Day by offering free lunches to veterans and their partners living in the community this summer.

Royal Star & Garter is offering up to three free meals per person through its popular Lunch Club service, which will run from its Home in Upper Brighton Road, between June to August.

The charity chose to launch the offer in June to tie-in with the 80th anniversary of D-Day (6 June), and Armed Forces Day (29 June).

Lunch Club launched at Royal Star & Garter last year, to help tackle loneliness and isolation in the Armed Forces community, and is open to veterans and partners of veterans living with disability, or early stage dementia.

The sessions consist of a two-hour visit with a three-course meal, conversation and support from staff, and usually cost £10. But new users can now enjoy three Lunch Clubs over the three-month period, free of charge.

Booking in advance is required, and there is no obligation to continue using the service later. Further details and the terms and conditions can be found on the charity's website at <https://starandgarter.org/our-lunch-clubs/surbiton/>.

Royal Star & Garter is a charity which provides loving, compassionate care to veterans and their partners living with disability or dementia. Lunch Club is one of several new services it has recently launched aiming to reach out into the local community.



Free Lunch Club sessions will take place at Royal Star & Garter in Surbiton 12.30-2.30pm on 14 June, 28 June, 12 July, 26 July, 9 August and 23 August.

People attending must be able to arrange their own transport to and from the Homes. A companion can also enjoy one free Lunch Club session to help their loved one settle in. Places are subject to availability.

Shirley Hall is Director of Care & Wellbeing at Royal Star & Garter. She

said: "June is a special month for veterans, with the 80th anniversary of D-Day and Armed Forces Day. Lunch Club has been a really popular addition to our Home since it launched last year, and we've seen camaraderie and friendships develop and grow among people using the service. But we want to reach out to and support more people, and I hope this fantastic offer will help to achieve this."

For more information about Lunch Club at Surbiton, go to <https://starandgarter.org/our-lunch-clubs/surbiton/> or call the Surbiton Home on 020 8339 5100.

Royal Star & Garter in Surbiton is welcoming new residents. For more information on this, the new services it is offering, or to work at the Home, go to www.starandgarter.org/surbiton



**Royal Star
& Garter**

Care with courage

Join our Lunch Club



Our Lunch Club provides the opportunity for veterans and their partners to have a delicious three-course meal and to meet new people for a friendly chat.

Every other Friday | 12:30 - 2:30pm | £10 per person

Attend up to three Lunch Clubs for FREE on:

14 & 28 June, 12 & 26 July, 9 & 23 August 2024.

Royal Star & Garter, Upper Brighton Rd, Surbiton, KT6 6JY

To book your place, call 020 8339 5100

or visit starandgarter.org/surbiton-lunch-club for more details

- Available for veterans and their partners of any age.
- Partners refers to the husband, wife, widow, widower or civil partner of someone who has served.
- We welcome people living with early stage dementia who are fully independent.

Nursing, dementia, short-break & Day Care are also available for veterans and their partners.

Registered Charity No. 210119
Registered office: 15 Castle Mews,
Hampton, TW12 2NP

Brentford's end-of-season fan survey closes on 7 June

Brentford fans are invited to share their experiences by 7 June during the 2023/24 season in the club's end-of-season survey

Written by Brentford Football Club

With the end of the Premier League season fast approaching, Brentford fans are encouraged to complete the club's end-of-season survey to share their views and experiences throughout the 2023/24 season.

The survey is an important part of shaping the club's offering to fans and assessing our performance off the field.

All fans, regardless of matchday attendance, are invited to complete the survey which asks for views on topics including ticketing, food and beverage, matchday experience and overall views on the club.

The survey closes at 5pm on Friday 7 June. Upon completion, fans will be entered into a draw to win a Gtech Air Ram Platinum and a 2023/25 shirt signed by our men's first team.

This is one of two extended surveys we run throughout the season, in addition post-match surveys which give fans a chance to share their views.

Our last survey took place mid-season in December 2023. It showed that fans remain proud to support Brentford with 96 per cent of respondents scoring the club eight out of 10 or higher.

93 per cent of respondents scored Brentford eight out of 10 or higher when asked if they believed the club is welcoming to all.

Additionally, the survey showed that more fans were happier with our ticket exchange, an area we have sought to improve through our new ticketing provider Ticketmaster.

The results also suggested a wide awareness of our Every Seat Counts policy to reduce the number of empty seats at Gtech Community Stadium.

The issue of away fans in home stands was notable in the survey. We continue to take [strong action against ticket touting](#) to tackle this.

Particular areas of focus have been food and beverage which have seen improvement according to results of the mid-season survey.

The club continues to work hard to ensure that fans have a choice of food and drink options through our [BeeOrder service](#), which allows supporters to pre-order from a wider range of options in each stand of the ground.

[Complete the survey and share your views now](#)



England U20 Men Squad Announced for Georgia Tour

A 30-player England U20 Men's squad has been confirmed to travel to Georgia this June in preparation for the 2024 World Rugby U20 Championship. The tour, which was confirmed in April, will see Mark Mapletoft lead his England side to Tbilisi for two uncapped Tests against their hosts on 7 and 12 June at the Avchala Stadium. Each game kicks-off at 15:00 BST and will be streamed live on Georgian Rugby social media channels.

Finn Carnduff, the most experienced squad member with 15 caps, will resume his captaincy of the Men's Pathway side for the 10-day tour after captaining his country to their first Under-20 Six Nations title in three years. A further 22 U20 players set to be involved in the trip to Georgia achieved caps across the victorious 2024 Six Nations campaign. June's travelling party boasts a cumulative 149 U20 Men's caps, with 27 of 30 squad members having England U17, U18 or U19 caps to their name. 19 of the squad have made senior competitive appearances for their parent clubs in the 2023/24 season.

George Timmins (Bath Rugby), Leicester Tigers' Cameron Miell, Ollie Allan and Charlie Myall, as well as Jack Bracken and Angus Hall of Saracens are the uncapped squad members in contention to face the Junior Lelos. Timmins, Allan, Myall and Hall each achieved their first experience of U20 rugby in an uncapped fixture vs. Coventry RFC last weekend. England's last visit to Georgia, another two-Test tour in 2023, was an even split in results with the visitors taking an initial 41-36 win before a 40-38 reverse in the Georgian capital.

England U20 Men's head coach Mark Mapletoft said: "As our programme builds towards the U20 Championship this summer, we've further refined our wider squad ahead of the challenge of Georgia in the coming weeks. *"Lado [Kilasonia] and his team have proved a testing opponent in recent encounters, and we're both confident that these upcoming games will mutually strengthen our respective preparations ahead of our trip to South Africa. "I want to congratulate all players involved and I'm confident they'll embrace the challenges set in front of them both in training and in-game scenarios."*

England U20 Men's squad to travel to Georgia (includes current club, community club and U20 caps)

Forwards

Joe Bailey (Exeter Chiefs, Newton Abbot RFC, 5 caps)
Finn Carnduff (Leicester Tigers, Market Harborough RFC, 15 caps)
Harvey Cuckson (Bath Rugby, Mold RFC, 2 caps)
Afolabi Fasogbon (Gloucester Rugby, Bishop Wand School, 11 caps)
James Halliwell (Bristol Bears, Thornbury RFC, 10 caps)
James Isaacs (Saracens, Hemel Hempstead Camelot RFC, 3 caps)
Kane James (Exeter Chiefs, St Peters RFC, 4 caps)
Junior Kpoku (Racing 92, Saracens Amateurs, 4 caps)
Nathan Michelow (Saracens, Brentwood Rugby, 10 caps)
Cameron Miell (Leicester Tigers, Paul Roos, uncapped)
Asher Opoku-Fordjour (Sale Sharks, Broadstreet RFC, 14 caps)
Henry Pollock (Northampton Saints, Buckingham Rugby Club, 5 caps)
Billy Sela (Bath Rugby, Royal Wootton Bassett RFC, 6 caps)
Olamide Sodeke (Saracens, Blackheath Rugby Club, 4 caps)
George Timmins (Bath Rugby, Market Harborough RFC, uncapped)
Craig Wright (Northampton Saints, Braintree Rugby Club, 5 caps)

Backs

Ollie Allan (Leicester Tigers, Hungerford RFC, uncapped)
Josh Bellamy (Harlequins, Rosslyn Park, 4 caps)
Jack Bracken (Saracens, St Albans Rugby Club, uncapped)
Toby Cousins (Northampton Saints, Bugbrooke RFC, 6 caps)
Angus Hall (Saracens, Sevenoaks Rugby Club, uncapped)
Ioan Jones (Gloucester Rugby, Minchinhampton RFC, 4 caps)
Sean Kerr (Harlequins, Sutton and Epsom Rugby Club, 4 caps)
George Makepeace-Cubitt (Northampton Saints, Reading Abbey RFC, 4 caps)
Archie McParland (Northampton Saints, Mold RFC, 5 caps)
Charlie Myall (Leicester Tigers, Maidenhead Rugby Club, uncapped)
Ben Redshaw (Newcastle Falcons, West Park Leeds RFC, 5 caps)
Oli Spencer (Newcastle Falcons, Epping Rams Rugby, 5 caps)
Ben Waghorn (Harlequins, Chipstead Rugby Club, 7 caps)
Alex Wills (Sale Sharks, Droitwich Rugby Club, 7 caps) 149

England U20 Men's pre-World Rugby U20 Championship fixtures

25 May - Coventry RFC 54-40 England U20 Men – Butts Park Arena
7 June – Georgia U20 vs. England U20 Men - Avchala Stadium – 15:00 BST
12 June – Georgia U20 vs. England U20 Men - Avchala Stadium – 15:00 BST

England U20 Men's 2024 World Rugby U20 Championship fixtures

Matchday 1 (29 June) - England vs. Argentina – Athlone Stadium - (13:00 BST kick-off)
Matchday 2 (4 July) - England vs. Fiji – Athlone Stadium - (15:30 BST kick-off)
Matchday 3 (9 July) - South Africa vs. England – Athlone Stadium - (18:00 BST kick-off)

Knockout matches

Matchday 4 (Sunday 14 July)
Matchday 5 (final and ranking matches, Friday 19 July)



Up To £1600 Covid Bonus For Outsourced St George's Hospital Workers - GMB

Cleaners, porters, and catering staff at St George's Hospital secure bonus for pandemic work

Outsourced NHS workers at St George's Hospital have won a bonus of up to £1600 for their work during the Pandemic, GMB announces today (Wednesday).

Members of GMB, the union for healthcare workers, have been fighting for a covid bonus that was afforded to NHS staff - but not to those who have been outsourced to private companies.



The non-consolidated bonus came after 97% of GMB members at St George's backed action in an indicative strike ballot.

Outsourcing giant Mitie u-turned to offer the bonus to avoid strike action.

The workers will receive the payment by June 11 – and will be among the first outsourced healthcare workers in the country to do so.

Helen O'Connor, GMB Regional Organiser said:

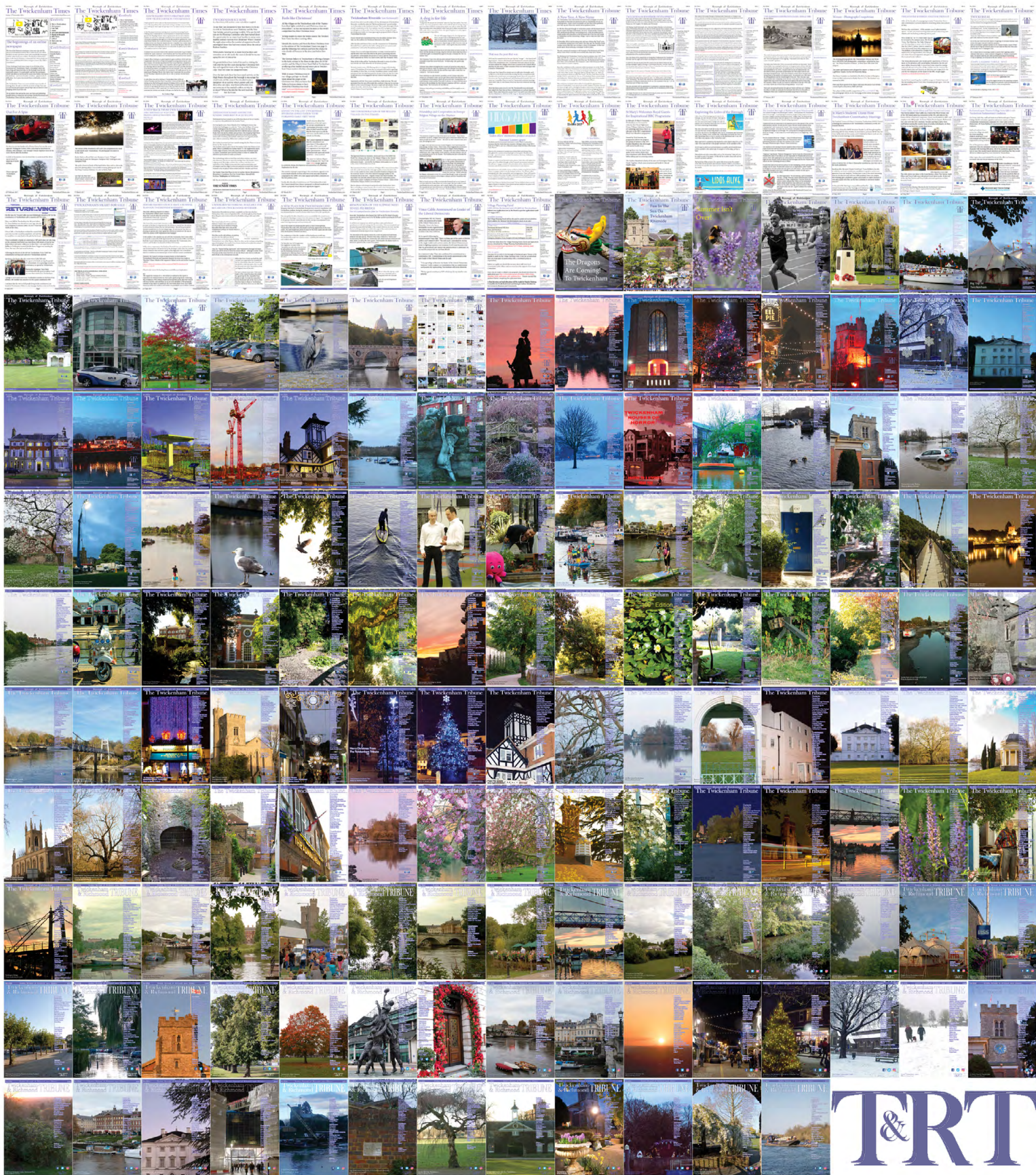
“This is a huge victory for NHS workers at St George's. There cannot be a two-tiered approach to NHS workers – where those outsourced are left worse off.

“The workers themselves stayed strong and fought for what was they were owed. It shows the power of collective action.

“Cleaners, porters, and catering staff are vital to the running of the NHS and deserve to be treated with respect. The next step is to take this victory to hospitals all over the country.”



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